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Press Release – For Immediate Release

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Girls' Day in the Dirt!

On Saturday August 13, Trips for Kids will be hosting the first Eva Gunther's Girls Day in the Dirt at China Camp State Park. Femme riders from Girls Inc of Alameda County will spend a morning with the Bay Area Velo Girls learning biking skills, exercise physiology, and tips for a healthy diet. In the afternoon, they will test their new skills on the trails through the park. The goal is to encourage girls to discover their capabilities, test their limits, experience new things, and have FUN!

The Eva Gunther Foundation in San Francisco is sponsoring the day. The Foundation was established to honor its namesake who was tragically killed at the age of 12. The foundation's mission is to support the physical, social, moral, intellectual, creative, spiritual, psychological, and emotional growth of girls with a financial need from 11-18. Gunther Foundation has sponsored Trips For Kids for several years, promoting the participation of girls.

[Quote Mark Gunther?]

Girls Inc of Alameda County is a regular with Trips for Kids. As Khandine Bennett says about one of their recent rides, *"THANKS again for the most awesome field trip to date with my girls. It seems that the confidence and fitness they gained while mountain biking has saturated their spirits. When they talk about that Saturday it's been with positive excitement. Talk about hands on leadership development!"*